Welcome to Physical Education!

Dear Parents,

Hello! My name is **Jade Moore**, and I am excited to be your child's Physical Education teacher at St. Matthew School for the **2026–2027 school year**. I am looking forward to an amazing year of learning, growing, and having fun through movement and physical activity!

In PE, students will participate in fitness testing, skill development, games, and a variety of activities that encourage teamwork, confidence, and healthy habits. Physical education is about much more than exercise—my goal is to help students develop a lifelong love of being active and taking care of their bodies.

PE Schedule

Gym Days: Wednesdays and Fridays

K–3rd Grade

All students are expected to wear:

- Tennis shoes (no Crocs, Hey Dudes, platform shoes, sandals, or similar footwear)

Students who do not wear proper tennis shoes will lose points for the day.

4th & 5th Grade

Fourth and fifth grade students are expected to wear:

- Their PE uniform
- Tennis shoes

Grading

Each PE class is worth **10 points**, for a total of **20 points each week**.

Points may be deducted for the following:

- **1 point** – No tennis shoes
- **1 point** – No PE shirt
- **1 point** – No PE shorts

Students also **earn or lose** points for the following:

- Participation
- Effort
- Positive attitude
- Respect for others and following directions

I encourage every student to come to PE with a positive attitude, ready to learn, work hard, encourage others, and improve each day. My goal is for every child to leave class feeling stronger, more confident, and excited to be active.

I am truly looking forward to working with your children this year! If you ever have any questions or concerns, please don't hesitate to reach out. I believe that when we work together, we help our students succeed.

Let's go, Cubs! Here's to a fantastic 2026–2027 school year!

Sincerely,

Mrs. Moore

jmoore.evdio.org
Physical Education Teacher
St. Matthew School